

TUNNEL VISION

South Tyneside • North Tyneside

5.3 MILES

MOSTLY FLAT

M METRO

BIKE PARK

BUS STOP

TRAIN

The history of North Shields starts in 1225 when the Prior of Tynemouth decided to create a fishing port to provide fish for the Priory which was situated on the headland at the mouth of the River Tyne.

North Shields is known for its historic Fish Quay, maritime heritage, and connection to the fishing industry. It's also known for its role in shipbuilding.

The Old Low Light - the oldest surviving occupied building on North Shields Fish Quay, it stands within the walls of Clifford's Fort. Dating back to the early 18th century, it guided ships through the Tyne, was an Alms House for poor and sick mariners, then a training base. In 2015, its renovation saw it become heritage centre.

Tyne Pedestrian Cyclist Tunnel
- Crossing to the North from the South side of the Tyne Tunnel (Follow cycle route from tunnel and walk up Eastern Terrace to join Cycle Route 72).

Redburn Dene Park
- take in the wooden 'sculptures' of reclaimed timber from the staithes and "The Henge" with its map of the British Isles.

Royal Quays Marina
- An award-winning marina near the mouth of the Tyne. An ideal base for sailing, motorboating and sea angling.

Longsands Beach - A mile long stretch of golden sands that attracts people from across the region, Tynemouth Longsands is stunning.

Tynemouth Priory & Castle - once one of the largest fortified areas in England

Collingwood Monument - built in 1845, the Grade II listed marble and sandstone sculpture by John Graham Lough, tops a pedestal designed by John Dobson.

Travel back in time to the 1950s as you set off on a tour through the Tyne Pedestrian Tunnel and venture across to the North side of the River Tyne.

The Tunnel Vision route takes you on a journey to explore some of North Tyneside's most historic landmarks, Collingwood Monument built in 1845 and Tynemouth Priory & Castle, built in 1095 and was once one of the largest fortified areas in England. Impressive, right? Now it's time for you to explore the history on your doorstep.

1. Tyne Tunnel Crossing
2. Redburn Dene Park
3. Royal Quays Marina
4. The Old Low Light
5. Collingwood Monument
6. Tynemouth Priory & Castle
7. Longsands Beach

HOW TO GET TO THE START

Visit livemap.nexus.org.uk and enter the postcode NE32 3DX.

SUITABILITY



--- Accessible section

Sections of this route are challenging with uneven terrain. Wheeled pedestrian and pushchair accessibility cannot be guaranteed.

To request a larger print or alternative format of the days out guides, please email info@gosmartergoactive.co.uk

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