

THE ROKER ROAR

Sunderland

 6.6 MILES

 MOSTLY FLAT

 METRO

 BIKE PARK

 BUS STOP

 TRAIN

Seaburn Beach & The Stack Seaburn - It's the perfect spot to stop for a bite to eat and take in breathtaking beach views.

Meik's Lighthouse - a cast iron lighthouse built in 1856 by Thomas Meik, the River Wear Commissioners' Engineer. Originally on the Old South Pier at the mouth of the Wear. It is around 15m tall with a cylindrical base. The tower is made of cast iron plates, riveted together, and painted white. The lantern room is topped by a cast iron dome.

Fulwell Mill - Fulwell Windmill appeared on Sunderland's skyline in 1806, becoming the landmark we know today in 1808. Built for Joseph Swan out of magnesian limestone from the adjacent quarry, it retained its links with the Swan family for years.

Roker Park - Opened in 1880. In the late 19th century an area known as Roker Dene had become one of the few green spaces available for recreation in Sunderland.

River Wear Lime Kilns - built around 1800. Limestone extracted from the quarry at Fulwell was transported to the river on wagonways. The limestone industry was big business and used in the agricultural and building industries amongst others.

Stadium of Light - built in 1997 as a replacement for Roker Park, the stadium is on the site of the former Monkwearmouth Colliery, which closed in 1993.

The Steel Men of Wearside - commissioned by One NorthEast in 2001. They were installed as part of a plan to transform the former Wearmouth Colliery site.

Sheepfolds Stables - Sheepfolds Stables date back to 1884 and were home to around 100 horses that transported goods to and from railway depots and sites along the Wear. Designed by William Bell it was owned by the North Eastern Railway company. It's a perfect spot to stop for a bite to eat!

New River Wear Bridge - opening in Autumn 2025 - start at point 4 before the opening!

Riverside Park - opening in August 2025 - skip to point 4 before the opening.

Roker Beach, Pier & Lighthouse - Roker Pier and Lighthouse are Grade II listed and opened in 1903.

Keel Square - The Gan Canny sculpture honours Vaux Brewery and is permanently installed in Keel Square, overlooking the regenerating Riverside Sunderland.

The Roker Roar is a canny route, and on a sunny day, the Roker Riviera is a glorious place to be.

The route takes you from Keel Square, over the new bridge leading you to Sheepfolds Stables - the perfect spot for a 'propa' bite to eat, before continuing onto the stunning Sunderland coastline.

After taking in the picturesque views, it's time to loop back and head to Fulwell Mill, built in 1808, before heading down to the riverside to visit the Steel Men of Wearside and the home of Sunderland AFC at the Stadium of Light.

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|-----------------------------------|--------------------------------------|
| 1. Keel Square | 9. Seaburn Beach & The Stack Seaburn |
| 2. Riverside Park | 10. Fulwell Mill |
| 3. New River Wear Bridge | 11. River Wear Pathway |
| 4. Sheepfolds Stables | 12. River Wear Lime Kilns |
| 5. Sunderland Marina | 13. The Steel Men of Wearside |
| 6. Roker Beach, Pier & Lighthouse | 14. The Pickaxe Sculpture |
| 7. Roker Park | 15. Stadium of Light |
| 8. Meik's Lighthouse | |

HOW TO GET TO THE START

Visit livemap.nexus.org.uk and enter the postcode **SR1 3AA**.

SUITABILITY



--- Accessible section

Sections of this route are challenging with uneven terrain. Wheeled pedestrian and pushchair accessibility cannot be guaranteed.

To request a larger print or alternative format of the days out guides, please email info@gosmartergoactive.co.uk

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