FORCE FIELDS

START

County Durham

The North Pennines is recognised for its dark skies, making it an excellent location for stargazing!

Stop off for a bite to eat! There are plenty designated picnic spots near the car park and along some of the walking trails, so you can enjoy a meal in nature.

High Force Waterfall (Car Park) Did you know High Force is over 300 million years old?

The Gorge at High Force has been sculpted by water over the years and will continue to change shape, as softer sandstone and limestone has eroded away

Keep an eye out for the variety of animal and plant life around High Force - from roe deer and rabbits to wildflowers towering trees.

Holwick Head Bridge crosses the Tees between County Durham and the North Riding of Yorkshire. Built in 1896 for the Duke of Cleaveland and rebuilt by Durham County Council in 1998 as a footbridge.

High Force has a 21m

waterfalls in the UK.

cascade and is regarded as one of the most impressive

Low Force Waterfall - it's part of the River Tees and water falls over the Whin Sill which is a layer of hard dolerite rock known as whinstone. Whin Sill formed 295 million years ago from molten rock which cooled and solidified underground.

> Wynch Bridge - a suspension footbridge which was originally built for the Holwick lead minders who mined at Little Eggleshope. The original bridge was suspended on hand-forged wrought iron chains and

Stone Sheep you'll find two life size stone sheep carved out

local artist Keith

Alexander in 2002.

and enter the postcode DL12 0XH. along the Pennine Way created by

SUITABILITY





Located at the heart of the Durham Dales, you can explore Low Force as it tumbles over the whin sill - formed 295 million

This route allows you to take in

from across the Dales, as well

as meeting two life-sized stone

sheep along the Pennine Way.

1. High Force Waterfall (Car Park) 2. Holwick Head Bridge

3. Stepping Stones

5. Stone Sheep

6. Wynch Bridge

River Crossing

4. Low Force Waterfall

fresh air and picturesque scenery

years ago.

challenging with uneven terrain.

HOW TO GET TO THE START

info@gosmartergoactive.co.uk

Go Smarter Go Active







Stepping Stones River Crossing

B6277

RIVER TEES