

PARKLIFE!

Newcastle

1
The Town Moor is common land of around 1000 acres - larger than Hyde Park and Hampstead Heath combined, and New York's Central Park. Start your route among the cattle grazed by the Freeman of the city.

1+8
START/
FINISH

2
The name Exhibition Park was first used during the Jubilee Exhibition of 1887 and this beautiful park retains much of its original charm and elegance.

3
Newcastle's oldest park, Leazes Park is a tranquil haven away from the bustle of the city centre. Stop to feed the ducks or just stroll around the pond. Leazes Park has been restored over years of painstaking research into its original design and features.

4
Home to the Toon Army and a place for 52,000 fans to cram into St James' Park on matchdays. Newcastle United's home ground has been hosting matches for more than 140 years.

The Palace of Arts in Exhibition Park is the only remaining building from the 1929 North East Exhibition.

8
Head back to the Town Moor through Jesmond's beautiful streets. The final park on the route is Brandling Park, which you will pass through before heading under the Great North Road into Exhibition Park.

7
Jesmond Dene is a narrow wooded valley following the Ouseburn on its way to the Tyne. An important wildlife corridor, home to kingfishers, red squirrels and woodland birds.

6
Heaton Park is packed with history and is a welcome oasis of vibrant flowerbeds, shrubs and impressive trees. Its excellent network of paths also lead nearby Ouseburn Park, Armstrong Park and Jesmond Dene.

5
Cut through the beating heart of Newcastle, taking in Grey's Monument, the Theatre Royal and breathtaking Grey Street, as you travel to the next park.

Look out for the 13th century ruins of King John's Palace in Heaton Park.

Grab selfies by statues of Newcastle United greats, Sir Bobby Robson, Jackie Milburn and Alan Shearer.

Love animals? Visit Pet's Corner in Jesmond Dene.

Parklife is a circular route that starts and finishes among gorgeous grazing cows on the Town Moor.

Taking in Tyneside's famous football stadium, picturesque waterfowl ponds and cascading waterfalls, Parklife intersperses tranquil tree-lined strolls with city centre excitement, and takes in a host of Newcastle's most well known and most secret landmarks.

THE ROUTE

1. Town Moor take off
2. Make an Exhibition of yourself
3. The Leazes End
4. Howay the lads!
5. Crosstown boogie
6. Things are Heaton up
7. Seen at the Dene
8. And away...

HOW TO GET TO THE START

Visit livemap.nexus.org.uk and enter the postcode NE3 4NB.

SUITABILITY

- Full route
- Full route
- Partial route
- Partial route

Suitable for wheeled pedestrians

Please note: there is an underpass to leave Exhibition Park (after point 2) and one to enter it again under Great North Road

GoSmarter
GoActive

www.gosmartergoactive.co.uk

6.6 MILES 3.8 MILES

MOSTLY FLAT - SOME STEEP HILLS, STEPS, COBBLES AND RAISED KERBS

BUS STOP BIKE PARK

METRO TRAIN

Some sections of the cycling route are on road